

## Resources

### Local

Counseling & Psychological Services  
caps.wcu.edu  
828.227.7469

University Police  
Emergencies / after-hours Counselor  
828.227.8911

Appalachian Community Services  
24-hr community mental health emergency  
1.888.315.2880  
If someone is in medical danger, call 911

### National



Western Carolina University | Counseling & Psychological Services

At Western Carolina University, no one is alone.  
We care about each other, and we care about  
(t)16.3(h)16.3(0 ) 363 .y43b43e(i)31. dsarr5-71.1430n Ca

