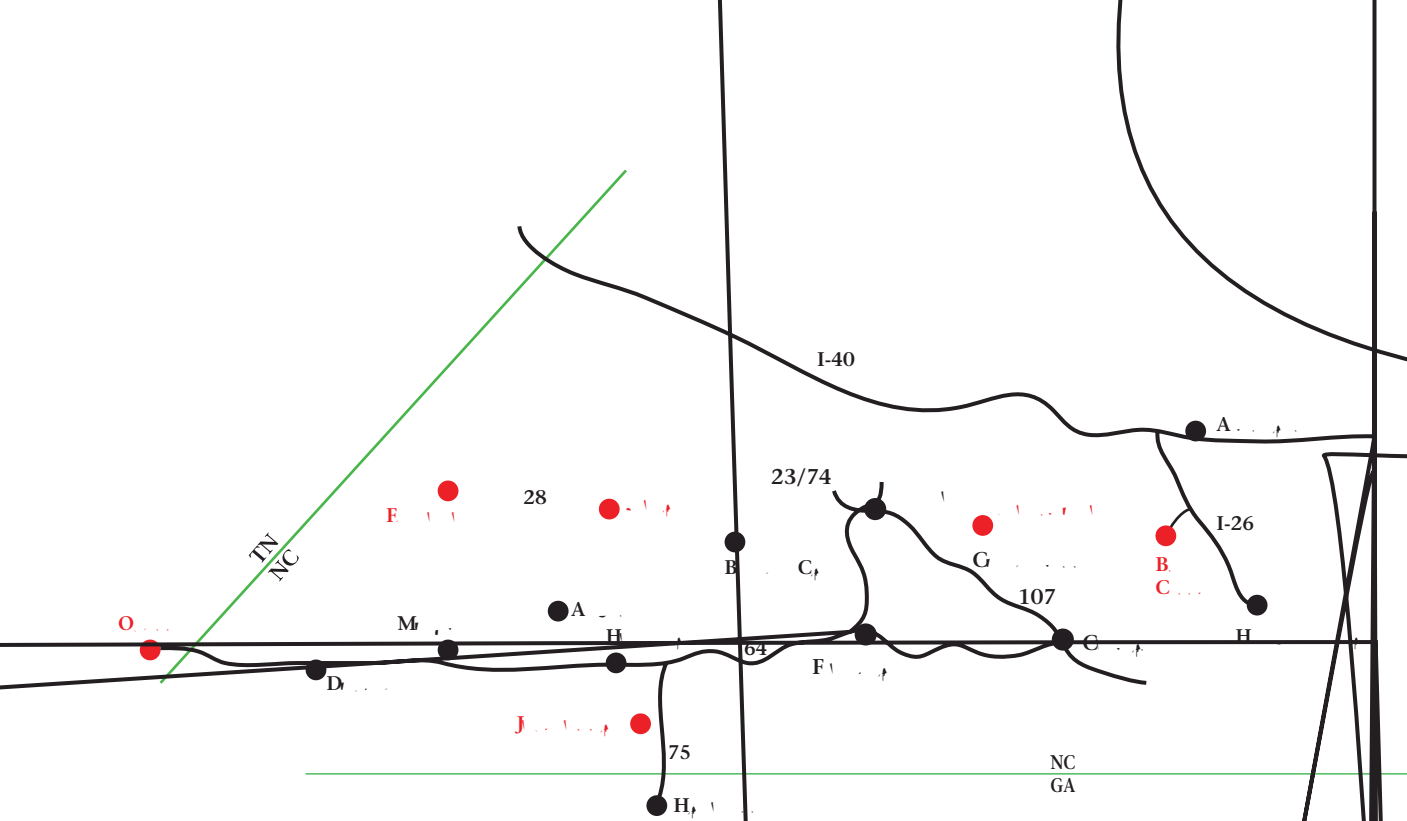


## Parks & Recreation Management

Students in the Parks & Recreation Management major have produced this guide. For more information about the PRM program contact us at:



The Western Carolina University adventure travel class has put together this mountain biking brochure to inform you about local riding destinations, some of which are recognized as the best in the country. The trails that were selected for this brochure are close to WCU and provide a wide variety of challenges for novices and pros alike. Along with trail description and directions to each location, we have provided websites via the square QR codes to allow fast access with your smartphone to the individual trail maps and more detailed information. These QR codes can be scanned by any smartphone and will link you directly to the sites. Use the skill level gauges along with the detailed trail reviews to choose the trail that best suits your needs. Remember to always use good judgment and enjoy the ride!

### Reminders and Recommendations

- Mountain biking can be dangerous, always wear a helmet and eye protection.
- Stay on the designated trail. Shortcuts and side tracks damage fragile plant life and create erosion problems that will negatively effect the trail.
- Be courteous when coming across other trail users, especially horses (they frighten easily).
- Respect the trail and other users, if you pack it in, pack it out. Leave the trail nicer than you found it so everyone else can enjoy it as you have.
- Pay attention to the weather and dress appropriately.
- Take a friend or be sure to tell someone where you are going and how long you will be gone.
- Don't forget to bring water with you!
- Know what you know and know what you don't know so USE GOOD JUDGEMENT!

### Additional Resources

- The Southern Off-Road Bicycle Association | [southernoffroad.org](#)
- Mountain Bike Review | [mountainbikereview.com](#)
- Gone Riding | [goneriding.com](#)
- Mountain Bike WNC | [mountainbikewnc.com](#)
- International Mountain Bicycling Assoc. | [imba.com](#)
- Romantic Asheville | [romanticasheville.com](#)

Cullowhee Adventure Guide Produced by:  
PRM 4 4: High Adventure Travel Spring 2011



Tsali is one of the most recognized MTB trail systems in the country. With nearly 9 miles of designated trail, there is