

Mary Rebekah Henderson

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Education:

Master of Science in Environmental Education

December 2017

Southern Oregon University: 1250 Siskiyou Blvd, Ashland, OR 97520

Course Focus: Curriculum and Instruction, Biology, Ecology

Bachelor of Science in Outdoor Education

May 2011

Minor: Environmental Studies

Montreat College, 310 Gaither Cir. Montreat, NC 28757

Honors: Outstanding Outdoor Education Graduate Award,
Summa Cum Laude, Distinguished Scholar List, Scholarship Pin,
National Honors Society Member

Immersion, Service, and Adventure Semester

Jan. 2011- May 2011

Quito, Ecuador & Summit Adventure, Bass Lake, CA 93604

Professional Experience:

Parks and Recreation Management Full Time Instructor

Aug. 2020-Present

Western Carolina University 1 University Way, Cullowhee, NC 28723

Courses: Program Planning and Evaluation, Leadership and Group Dynamics, Outdoor Living and Expedition Skills, Introduction to Outdoor Pursuits, International Adventure Travel and Global Citizenship, Nature Rx., Entrepreneurship and Commercial Recreation, Sustainable Recreation and Public Land Management, Leisure and the Pursuit of Happiness.

Supervise Internships and Independent Study projects

Advise 30+ students in the major

Oversee the maintenance and issuing of all PRM gear and equipment

Department, College, and University service roles

Park Ranger, Education, National Park Service

May-Aug. 2020

Great Smoky Mountains National Park, Oconoluftee, Cherokee NC 28719

Worked closely with resource managers to develop place-based curriculum and virtual programming for K-12 classrooms

Data collection and organization of citizen science projects at the Appalachian Highlands Science Center

International Teacher, Las Nubes School

Jan. 2018- Oct. 2019

Centro Educativo Las Nubes, Residencial Las Nubes Jacó, Garabito Puntarenas, Costa Rica

Served as the lead science teacher to plan and prepare learning modules and educational programs for 5th and 6th grade science classes and labs. Mentored and supervised science teachers, providing guidance and feedback.

Daily taught 22 to 35 international students English, Math, and Science using a common-core

to colleagues and students in Spanish.

Developed and implemented weekly outdoor labs and trained fellow teachers and students in keeping weekly nature journals and conducting citizen science research.

**Fall in the Field Education Program Coordinator
Southern Oregon University**

Oct. 2016- Oct. 2017

Southern Oregon Environmental Education Center, 1250 Siskiyou Blvd. Ashland, OR 97520

Oversaw cohort research, planning, design, and implementation of the graduate capstone project. Worked closely with University students and faculty to supervise the marketing, recruitment, communication, finance, risk management, instruction, and implementation of an 8-week outdoor and environmental education program administered to the public by graduate students.

Developed group initiatives for both staff and participants to enhance community.

Managed the design of field-based science curriculum aligned with the Next Generation Science Standards. Conducted site surveys and scientific research to develop relevant place-based instruction.

Worked closely with the BLM, local non-profits, and county parks to offer educational programs for public school groups on public lands.

Educator and Grant Manager, The Farm at SOU

Aug. 2016-June 2017

The Farm at Southern Oregon University, 155 Walker Ave Ashland, OR 97520

Assisted undergraduate students with capstone research projects conducted on the working farm. Research areas included entomology, soil science, and botany.

Managed grant funding for educational programming, research, and farm development.

Designed and instructed farm-based experiential education programs for bilingual K-12 students.

Course Instructor, Discovery Wilderness Experience

May 2016-June 2016

Montreat College Outdoor Education Department, 310 Gaither Cir. Montreat, NC 28757

Instructed and mentored college students on a 21-day wilderness experience. Instruction topics included backpacking, whitewater canoeing, rock climbing, orienteering, wilderness living skills, environmental awareness and responsibility, interpersonal skills, community dynamics, and spiritual growth.

Facilitated intentional leadership experiences for students and assessed student performance and progress.

Instructor, LIFT Accredited Outdoor & Academic Semester Program

April 2012-Dec. 2015

LIFT program (Leaders in Further Training) Camp-of-the-Woods 106 Downey Avenue Speculator NY, 12164

Instructed classes for 30 college students both in classroom and backcountry field settings. Teaching topics included leadership and group dynamics, nutrition and fitness, and outdoor adventure skills.

Served as an advisor and mentor to five students each semester.

Coordinated and facilitated three-week cross-cultural service learning and adventure experiences for 30 students twice a year to Ecuador and the Dominican Republic.

Safely guided weekly outdoor excursions and frequently planned and facilitated multi-day expeditions in canoeing, backpacking, rock climbing, cross-

Supervised and facilitated groups of 10-12 high school students in wilderness settings. Taught outdoor living skills as well as science curriculum and basic data collection. Safely supervised week-long whitewater canoe, climbing and rappelling, and backpacking experiences.

Field Instructor and Gear Room Technician

April 2008- October 2010

Backcountry at Montreat College

Facilitated and guided a variety of 1 week to 10-day backpacking trips for high school students.

Organized all logistics including developing a food ration system and gear repair protocol for the outdoor program at Montreat College.

Teaching

Spring 2025

- PRM 254: Introduction to Outdoor Pursuits (3)
- PRM 270: Leadership and Group Dynamics (3)
- PRM 323: Leisure and the Pursuit of Happiness (3)
- PRM 362: Sustainable Recreation and Public Land Management (3)

Fall 2024

- PRM 270: Leadership and Group Dynamics (3)
- PRM 322: International Adventure Travel and Global Citizenship (3)
- PRM 430: Entrepreneurship in Commercial Recreation (3)
- PRM 383,384,385: Mini Internship I, II, III in PRM
- PRM 486: Field Experience (2)

Summer 2024

- PRM 365: Nature Rx
- PRM 483/484: Capstone Internship in PRM
- PRM 310: Stand up Paddling

Spring 2024

- PRM 270: Leadership and Group Dynamics (3)
- PRM 362: Sustainable Recreation and Public Land Management (3)
- PRM 365: Nature Rx (3)
- PRM 486-01,02: Field Experience
- PRM 310: Stand Up Paddling

Fall 2023

- PRM 270: Leadership and Group Dynamics (3)
- PRM 354: Outdoor Living and Expedition Skills (3)
- PRM 365: Nature Rx (3)
- PRM 430: Entrepreneurship and Commercial Recreation (3)
- PRM 480: Independent Study (3)

Summer 2023

- PRM 365: Nature Rx (3)
- PRM 483/484: Capstone Internship in Parks and Recreation Management (6)
- PRM 310: Stand Up Paddleboarding (3)
- PRM 322: International Adventure Travel and Global Citizenship (3)

Spring 2023

- PRM 270: Leadership and Group Dynamics (3)
- PRM 322: International Adventure Travel and Global Citizenship (3)

PRM 365: Nature Rx (3)
PRM 383,384,385: Mini-Internship in Parks and Recreation Management (3)
PRM 433: Outdoor Recreation and Public Land Management (3)

Fall 2022

PRM 361: Program Planning and Evaluation (4)
PRM 270: Leadership and Group Dynamics (3)
PRM 354: Outdoor Living and Expedition Skills (3)
PRM 365: Nature Rx (3)

Summer 2022

PRM 483/484: Capstone Internship in Parks and Recreation Management (6)
PRM 310: Stand Up Paddleboarding (3)
PRM 427/EOE 627: Wilderness Education Expedition (4) *Co-taught a 16-day wilderness expedition experience for both undergraduate and graduate students, Namekagon River, WI

Spring 2022

PRM 254: Introduction to Outdoor Pursuits (4)
PRM 322: International Adventure Travel and Global Citizenship (3)
PRM 383,384,385: Mini-Internship in Parks and Recreation Management (3)
PRM 485: Internship in Parks and Recreation Management-150 hours (3)
PRM 361: Program Planning and Evaluation (4)

Fall 2021

PRM 361: Program Planning and Evaluation (4)
PRM 270: Leadership and Group Dynamics (3)
PRM 433: Outdoor Recreation and Public Land Management (3)
PRM 354: Outdoor Living and Expedition Skills (3)
PRM 480: Independent Study (3)

Summer 2021

PRM 224: Survey of Outdoor Adventure Activities, Backpacking (3)
PRM 486: Field Experience (3)
PRM 480: Independent Study (3)

Spring 2021

PRM 361: Program Planning and Evaluation (4)
PRM 270: Leadership and Group Dynamics (3)
PRM 354: Outdoor Living and Expedition Skills (3)
PRM 480: Independent Study (3)

Fall 2020

PRM 270: Leadership and Group Dynamics (3)
PRM 383,384,385: Mini-Internship in Parks and Recreation Management (3)
PRM 361: Program Planning and Evaluation (4)

Independent Study

Directed Individual/Independent Study, "Girl Scouts Challenge Course Training Manual," College of Education and Allied Professions. (January 2021 - May 2021).

Advised: Victoria McLean

Directed Individual/Independent Study, "Nature Perspectives," College of Education and Allied Professions. (September 2020 - May 2021).

Advised: Katherine Murray

deans based on their outstanding service to the institution, excellence in teaching, and the respect of their faculty colleagues. They serve the institution as official ambassadors at university events including commencement and convocation. The duties and responsibilities of the Faculty Marshals

Search Committee for Assistant Director of Internships CCPD, Committee Member. (February 2021 - March 2021).

Western Outdoor Council, Committee Member. (September 2020 - Present).

Open House, PRM Host. (November 2024, October 2024, March 2023, October, 2023; October, 2022; March, 2022; October, 2021; November, 2020)

Responsibilities: Represented the PRM department at the October Open House event. Tabled the event and conducted tours and Q&A sessions

College

Advisory Board Member: Project Discovery, Committee Member. (October 2021 - Present).

Responsibilities: I serve on the advisory board for Project Discovery. We meet once a semester to discuss strategic directions, collaborate, and communicate about initiatives.

CEAP College Curriculum Committee, Committee Member. (September 2023 - Present).

Responsibilities: We review and vote on proposed curriculum changes across the College of Education and Allied Professions.

NTTP Review Committee, Committee Member (August 2024-Present).

Responsibilities: Review materials and vote on a decision for non-tenure track faculty applying for promotion.

Department

PRM Background Check Committee, Committee Chair. (March 2021 - Present).

Responsibilities: Ensure all PRM courses where students serve minors complete the background check process. Facilitate meetings with the background check committee to review any reports that have infractions, and make decisions about whether or not the student can work with minors, work under special circumstances, or cannot work with minors.

PRM Gear and Equipment Manager. (August 2020 - Present).

Responsibilities: Oversee the maintenance, repair, organization, and ordering of PRM equipment and gear for field courses to industry standard. Duties include creating a gear check-out system so equipment is accessible for all faculty and adjuncts, issuing and replenishing first-aid kits, maintaining satellite messaging devices, updating inventory and ordering as needed, and general cleaning and upkeep of the multiple equipment storage areas. I also oversee 1-2 gear manager

Background Check Committee, Committee Chair. (August 2021 - Present).

Responsibilities: Responsible for ensuring all PRM courses where students serve minors complete the background check process. Facilitate meetings with the background check committee to review

Recognition

Nominee for Departmental Teaching award, 2022. Western Carolina University, Department of Human Services.

Certifications

Wilderness First Responder